

Abstract of the Disclosure

Disruption of Cells and Tissues

5

A method for disrupting cells and/or tissues employs a disrupter with a disruption element having an outer dimension that is slightly smaller than the inside dimension of a container in which a sample is place to be disrupted. Devices for disrupting cells and/or tissues are also presented. The device and methods are used in

10

processes such as the extraction of nucleic acids.